

SEVEN STEPS TO DECLUTTER YOUR CLOSET TO DRESS WITH EASE

STEP
1

CREATE A LOOK "BOOK"

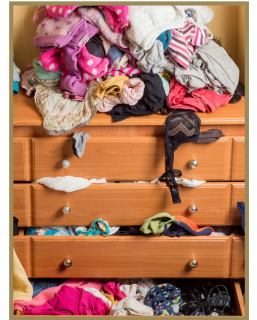
Cut out pictures from catalogs and magazines or create a board on Pinterest. Decide what new looks you want to incorporate in your wardrobe.



STEP
2

DO SOME "SPRING" CLEANING

- Take out any seasonal items and store them in another place (in bind under your bed or in another closet) so you see what you have available to you to wear now!
- Put aside any items that need repair, altering, or redesigning.
- Consign, donate, or toss items that are not your most flattering colors, are outdated, worn out, don't fit or still have the tags on them. If you have multiple sizes in your closet own the size that fits you now. If you fluctuate up or down a size, make sure they are core items that are worthy of keeping. Otherwise, release the old and make way for the new!



STEP
3

ORGANIZE YOUR CLOSET BY CATEGORIES AND LIKE A RAINBOW OF COLORS, LIGHT TO DARK, USING SAME SIZE HANGERS.

Tops

- Short sleeve blouses
- Long sleeve blouses
- Knit tops & Nice T-shirts – separating athletic wear from casual wear

Bottoms- short to long

- Shorts
- Capris
- Pants
- Jeans

Jackets (separate suits)

Outerwear
Formal/Evening

Workout clothes

Dresses
Formal/Evening



Same principles with shoes use clear boxes or have a picture on the outside of shoe box so you know what is inside.

STEP
4

MAKE ALL YOUR ACCESSORIES VISIBLE

- Organize necklaces on hooks or hang with specific organizers
- Earrings on a board or in drawers with compartments
- Belts on a hook or rolled
- Shoes by category- flats, heels, boots and by color.
- Handbags in categories by color- you can hang or use dividers on shelves
- Hang as many items as you can, so you can see what you have



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STEP 5

GO THROUGH ALL YOUR DRAWERS, INCLUDING YOUR MAKEUP

- Eliminate things you do not need, wear, are worn out or outdated
- Organize by categories and in trays or containers so you can find things
- Fold items and stand them up so you can see what is in the drawers



STEP 6

SHOP IN YOUR CLOSET

Pick out pieces you love and are staples for your desired look. Get creative! Look for new ways to mix and match what you already have. Consider reworking an item i.e., shorten a maxi dress, change the neckline, or sleeve length on a blouse. Remember, a good wardrobe is 2/3 accessories 1/3 clothing!



STEP 7

MAKE A SHOPPING LIST

List items to fill in the “holes” of what you need or want to buy for the season and create a budget as to how much you will invest.



ADDITIONAL TIPS

BE COLOR ANALYZED!

Knowing your best colors will:

- Make you look younger and healthier
- Help you in the process of elimination and organization
- Save you time, money and energy when it comes to shopping and getting dressed
- Your wardrobe will mix and match creating more possibilities than you ever imagined

UNDERSTAND YOUR BODY TYPE & SILHOUETTE

- Look 10+ pounds thinner with styles that are designed to fit and make the most of your physique
- Help you when shopping for clothes and having items tailored
- Avoid costly mistakes
- Feel confident

DISCOVER YOUR STYLE

Creating a signature style and personal brand will allow you to:

- Stand in confidence as to who you are & what you want to convey
- Avoid costly mistakes
- Dress appropriately & be mindful of what your image says about you
- Have continuity in your closet and your non-verbal communication